

Acetylcysteine 200mg + L-Arginine 266.70mg + Elemental Calcium 53.20mg + Vitamin C (Ascorbic Acid) 33.35mg + Grape Seed Extract 34mg + Lactobacillus Acidophilus 0.5 Billion

## Cervitale Tablet

**Acetylcysteine 200mg + L-Arginine 266.70mg + Elemental Calcium 53.20mg + Vitamin C (Ascorbic Acid) 33.35mg + Grape Seed Extract 34mg + Lactobacillus Acidophilus 0.5 Billion Tablet**

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### Description:

**Acetylcysteine 200mg + L-Arginine 266.70mg + Elemental Calcium 53.20mg + Vitamin C (Ascorbic Acid) 33.35mg + Grape Seed Extract 34mg + Lactobacillus Acidophilus 0.5 Billion Tablet is a dietary supplement formulated to support overall health and wellness.**

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### Composition:

#### Each tablet contains:

- **Acetylcysteine: 200 mg**
  - **L-Arginine: 266.70 mg**
  - **Elemental Calcium: 53.20 mg**
  - **Vitamin C (Ascorbic Acid): 33.35 mg**
  - **Grape Seed Extract: 34 mg**
  - **Lactobacillus Acidophilus: 0.5 Billion CFU**
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### Indications:

**This combination tablet is indicated for:**

#### 1. Antioxidant Support:

- **Acetylcysteine and Vitamin C work together to protect the body from oxidative stress and free radical damage, promoting**

**cellular health and immune function.**

#### 2. Immune System Enhancement:

- **Vitamin C is well-known for boosting immune function and fighting infections, while L-Arginine contributes to the production of nitric oxide, which may help in enhancing immune responses.**

#### 3. Cardiovascular Health:

- **L-Arginine helps improve blood flow and cardiovascular function by promoting nitric oxide production, which helps relax blood vessels.**

#### 4. Bone Health:

- **Elemental Calcium supports bone density and overall bone health, essential for preventing bone-related conditions such as osteoporosis.**

#### 5. Digestive Health:

- **Lactobacillus Acidophilus, a probiotic, promotes healthy gut flora, aiding in digestion and supporting a balanced microbiome.**

#### 6. Skin Health and Anti-Aging:

- **Grape Seed Extract provides antioxidant protection and may reduce the appearance of fine lines and wrinkles by protecting the skin from environmental damage.**

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### Mechanism of Action:

- **Acetylcysteine: Serves as a precursor to glutathione, a powerful antioxidant, and helps in detoxifying the body by**

breaking down mucus in the respiratory system.

- **L-Arginine:** Is an amino acid that helps in the production of nitric oxide, a molecule that supports blood circulation, heart function, and immune system efficiency.
- **Calcium:** Essential for maintaining healthy bones and teeth, and it also plays a role in muscle function and nerve transmission.
- **Vitamin C:** A vital nutrient that neutralizes free radicals, supports collagen production for skin health, and enhances immune system function.

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#### Side Effects:

This combination supplement is generally well-tolerated, but some individuals may experience:

- **Gastrointestinal discomfort** (e.g., bloating, gas, or mild upset stomach) due to the probiotic content.
- **Allergic reactions:** In rare cases, individuals may be sensitive to certain components like grape seed extract or acetylcysteine, leading to symptoms such as rash or swelling.

If any severe allergic reaction or unusual symptoms occur, discontinue use and consult your doctor immediately.

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#### Precautions:

1. **Pregnancy and Lactation:**
  - Consult a healthcare provider before use during pregnancy or lactation, especially for high-dose ingredients like calcium or acetylcysteine.
2. **Medical Conditions:**
  - Individuals with a history of kidney stones, calcium imbalances,

or digestive issues should consult their doctor before using this product.

#### 3. Allergy Warnings:

- If you are allergic to any of the components of the tablet, such as grape seed extract, L-Arginine, or acetylcysteine, do not take this supplement.

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#### Contraindications:

- **Hypersensitivity** to any component of the formula.
- **Kidney disease or liver disease:** Use with caution or avoid.
- **Pregnancy:** Should be used only under medical supervision.

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#### Storage Instructions:

- Store in a cool, dry place away from direct sunlight.
- Keep the bottle tightly closed to prevent moisture exposure.
- Keep out of reach of children.

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**Note:** This product is a dietary supplement and should not be used as a substitute for a varied diet. Always consult a healthcare professional before starting any new supplement, especially if you have existing health conditions or are taking other medications.

Manufactured in India for:

**Cafoli**<sup>TM</sup>  
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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